

1 ROMPEPIERNAS SHORT

Sos del Rey Católico and Castiliscar

A trail based on the Rompepiernas cyclosportive event in its "Short Rompepiernas" version.

The route links several loops, so it can be completed as proposed or just part of it. It starts in Sos del Rey Católico, ascends to Puerto de Sos via the old road, descends to Sos and the valley, heads towards Navardún, detours to Urriés and Puerto Cuatro Caminos, descends to Undués de Lerda, heads to Castiliscar, ascends to Sofuentes, Mamillas, and concludes back in Sos.

2 5 VILLAS CHALLENGE

Tauste and Uncastillo

A challenging trail to discover the diversity of landscapes and roads of the Cinco Villas, with a one-day ultra marathon format for very sporty cyclists or a two-day format, staying overnight in Uncastillo. It starts in Tauste, passes through Castejón de Valdejasa, Sierra de Luna, Las Pedrosas, Piedratjada, Puendeluna, Casas de Esper, and Valpalmas via rural roads with continuous ups and downs. It then passes through Luna, El Frago, Biel, Luesia, Uncastillo, Sos del Rey Católico, Navardún, Urriés Puerto Cuatro Caminos, Undués de Lerda, Sos, Mamillas, Sofuentes, Castiliscar, Sádaba, Pinsoro, Valareña, El Sabinar, and returns to Tauste.

3 THE ROMANESQUE TRAIL

Ejea de los Caballeros and Sos del Rey Católico

A comprehensive and balanced trail that covers the northern part of the region, passing through some of its medieval towns, before heading south through steppe and irrigated landscapes of Bardena Negra. It starts in Ejea de los Caballeros, goes to Rivas, Farasdués, Asín, Luesia, Uncastillo, and Sos del Rey Católico, crossing stretches of roads with forested areas and panoramic views of the Pyrenees, then returns via Mamillas, Sofuentes, Castiliscar, Sádaba, Pinsoro, El Bayo, Santa Anastasia, and finishes in Ejea.

4 MONLORA LOOP

Luna

A classic trail in the Cinco Villas region that replicates the famous Monlora Cyclosportive March. It starts in Luna, goes to Valpalmas, Piedratjada, and Puendeluna via local roads with continuous climbs, agricultural and steppe landscapes typical of the Wild West. It continues through Ardisa, Ayerbe, Fuencalderas, and Biel. It descends through El Frago and returns to Luna. From there, it detours to the Sanctuary of Monlora, on a small mountain pass with demanding ramps, rewarding riders with spectacular panoramic views of the Cinco Villas region and the Pyrenees.

5 HIDDEN GEM

Las Pedrosas

In the Cinco Villas region, there are many hidden spots and remote areas waiting to be discovered on your road bike. This route, La Recóndita, ventures through local roads and solitary landscapes in this surprising Wild West. It starts in Las Pedrosas, goes to Piedratjada, Puendeluna, Casas de Esper, and Valpalmas, then heads to the Aguarales de Valdemilaz, Piedratjada, and Marracos, before returning to Las Pedrosas, with this being the only section with heavier vehicle traffic.

6 MALPICA

Biota

Leisure route for the slow cyclist, delving into the middle area of the Cinco Villas, visiting picturesque villages and traversing solitary local roads. It begins in Biota and passes through Malpica de Arba, la Fuente del Diablo, and with a climb up a tough slope, it reaches the Historic Ensemble of Uncastillo. The route continues towards Luesia, Asín, Farasdués, and at 4 km towards Rivas, it veers right onto an asphalted service track bordering the San Bartolomé Reservoir, ultimately returning to the starting point in the town of Biota.

7 SANCHO ABARCA ASCENT

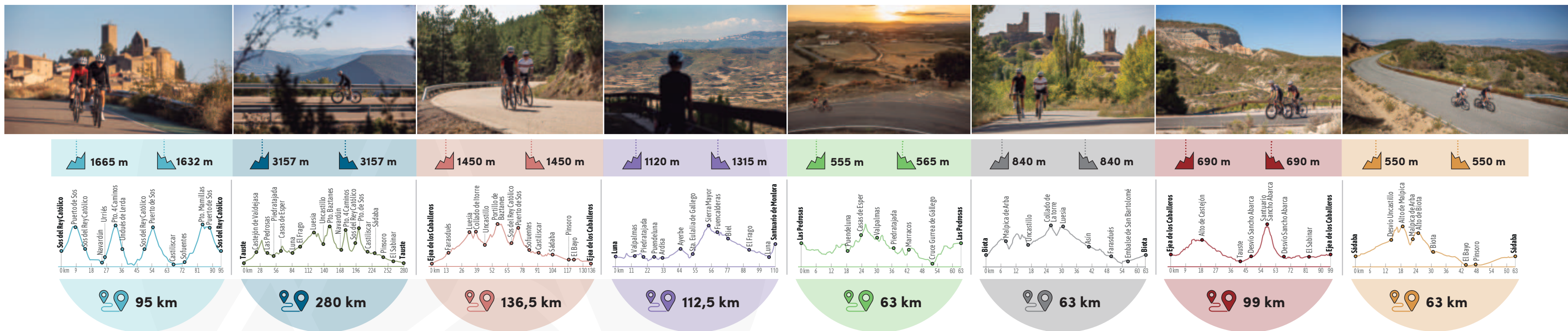
Ejea de los Caballeros and Tauste

A Trail culminating after the ascent to one of the most representative places in the southern area of the Cinco Villas, the Sanctuary of Sancho Abarca. Natural access to the Aragonese Bardena Negra, which includes a beautiful 10 km pass to its summit. It starts from Ejea de los Caballeros, goes to Castejón de Valdejasa, Tauste (bypassing the municipality), then towards the Colonization Villages. Before reaching Sancho Abarca, turn left to ascend to the Sanctuary, then upon descent, turn left at the intersection to return to Ejea passing through Sancho Abarca and El Sabinar.

8 FUENTE DEL DIABLO

Sádaba

An ideal trail to begin road cycling in the middle area of the Cinco Villas region, traversing quiet roads while tackling the climbs of Alto de Malpica and Alto de Biota. It starts in Sádaba, heading towards Uncastillo, Layana, and the Roman site of Los Bañales. Before reaching Uncastillo, veer right towards Biota to crest and swiftly descend towards Fuente del Diablo, Malpica de Arba, Biota, El Bayo, Pinsoro, and finishing back in Sádaba.



8 ROAD TRAILS

to explore the scenic and cultural surroundings of the Cinco Villas region from another perspective.

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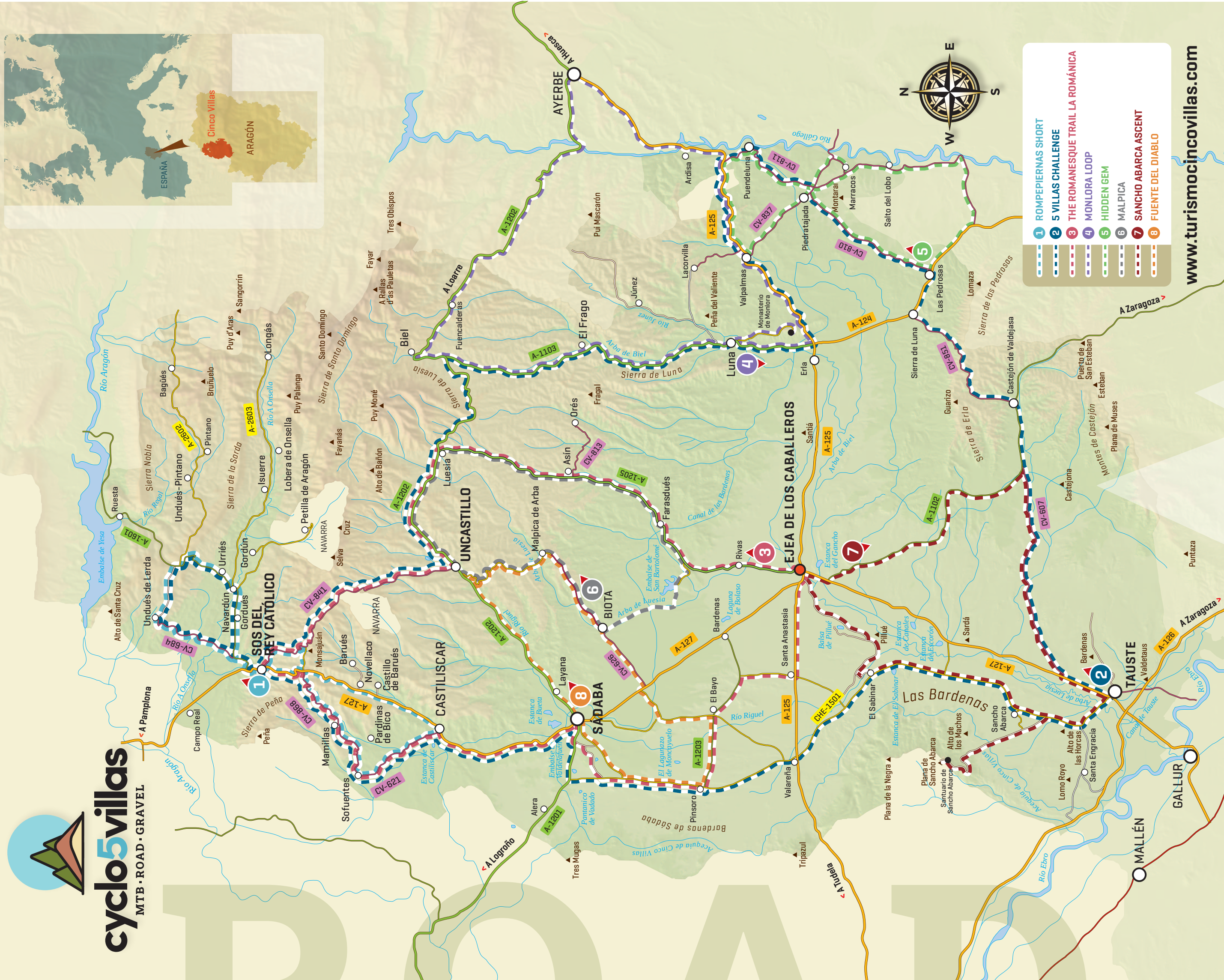
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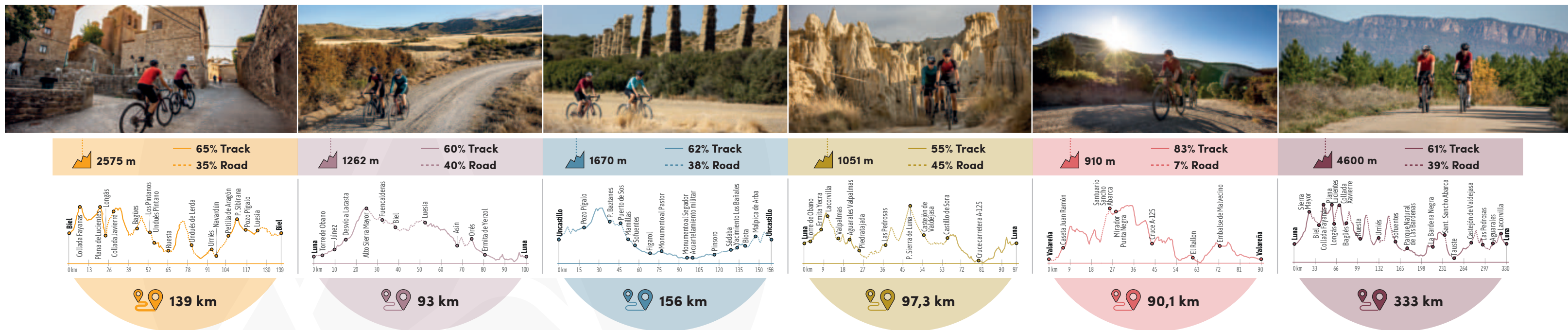


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6 GRAVEL TRAILS

to get to know the landscape and cultural environment of the Cinco Villas region from another point of view

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