



1 ROMPEPIERNAS SHORT

1

Sos del Rey Católico and Castiliscar

A trail based on the Rompepiernas cyclosportive event in its "Short Rompepiernas" version.

The route links several loops, so it can be completed as proposed or just part of it. It starts in Sos del Rey Católico, ascends to Puerto de Sos via the old road, descends to Sos and the valley, heads towards Navardún, detours to Urriés and Puerto Cuatro Caminos, descends to Undués de Lerda, heads to Castiliscar, ascends to Sofuentes, Mamillas, and concludes back in Sos.



2 5 VILLAS CHALLENGE

Tauste and Uncastillo

A challenging trail to discover the diversity of landscapes and roads of the Cinco Villas, with a one-day ultra marathon format for very sporty cyclists or a two-day format, staying overnight in Uncastillo. It starts in Tauste, passes through Castejón de Valdejasa, Sierra de Luna, Las Pedrosas, Piedratajada, Puendeluna, Casas de Esper, and Valpalmas via rural roads with continuous ups and downs.

It then passes through Luna, El Frago, Biel, Luesia, Uncastillo, Sos del Rey Católico, Navardún, Urriés Puerto Cuatro Caminos, Undués de Lerda, Sos, Mamillas, Sofuentes, Castiliscar, Sádaba, Pinsoro, Valareña, El Sabinar, and returns to Tauste.



3 THE ROMANESQUE TRAIL

Ejea de los Caballeros and Sos del Rey Católico

A comprehensive and balanced trail that covers the northern part of the region, passing through some of its medieval towns, before heading south through steppe and irrigated landscapes of Bardena Negra. It starts in Ejea de los Caballeros, goes to Rivas, Farasdúes, Asín, Luesia, Uncastillo, and Sos del Rey Católico, crossing stretches of roads with forested areas and panoramic views of the Pyrenees, then returns via Mamillas, Sofuentes, Castiliscar, Sádaba, Pinsoro, El Bayo, Santa Anastasia, and finishes in Ejea.



4 MONLORA LOOP

Luna

A classic trail in the Cinco Villas region that replicates the famous Monlora Cyclosportive March. It starts in Luna, goes to Valpalmas, Piedratajada, and Puendeluna via local roads with continuous climbs, agricultural and steppe landscapes typical of the Wild West. It continues through Ardisa, Ayerbe, Fuencalderas, and Biel. It descends through El Frago and returns to Luna. From there, it detours to the Sanctuary of Monlora, on a small mountain pass with demanding ramps, rewarding riders with spectacular panoramic views of the Cinco Villas region and the Pyrenees.



5 HIDDEN GEM

5

Las Pedrosas

In the Cinco Villas region, there are many hidden spots and remote areas waiting to be discovered on your road bike. This route, La Recóndita, ventures through local roads and solitary landscapes in this surprising Wild West. It starts in Las Pedrosas, goes to Piedratajada, Puendeluna, Casas de Esper, and Valpalmas, then heads to the Aguerales de Valdemilaz, Piedratajada, and Marracos, before returning to Las Pedrosas, with this being the only section with heavier vehicle traffic.



6 MALPICA

6

Biota

Leisure route for the slow cyclist, delving into the middle area of the Cinco Villas, visiting picturesque villages and traversing solitary local roads. It begins in Biota and passes through Malpica de Arba, la Fuente del Diablo, and with a climb up a tough slope, it reaches the Historic Ensemble of Uncastillo. The route continues towards Luesia, Asín, Farasdúes, and at 4 km towards Rivas, it veers right onto an asphalted service track bordering the San Bartolomé Reservoir, ultimately returning to the starting point in the town of Biota.



7 SANCHO ABARCA ASCENT

Ejea de los Caballeros and Tauste

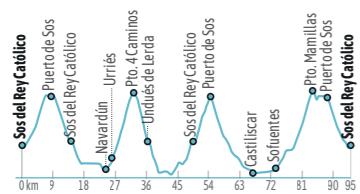
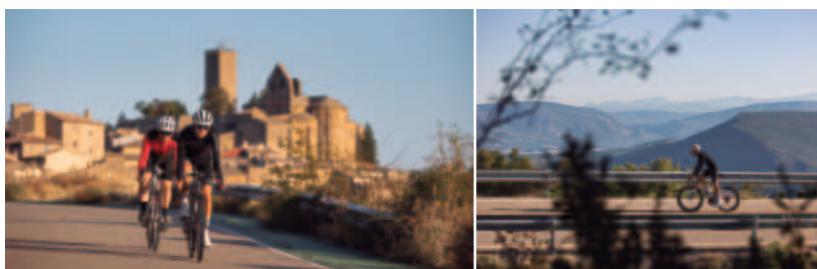
A trail culminating after the ascent to one of the most representative places in the southern area of the Cinco Villas, the Sanctuary of Sancho Abarca. Natural access to the Aragonese Bardena Negra, which includes a beautiful 10 km pass to its summit. It starts from Ejea de los Caballeros, goes to Castejón de Valdejasa, Tauste (bypassing the municipality), then towards the Colonization Villages. Before reaching Sancho Abarca, turn left to ascend to the Sanctuary, then upon descent, turn left at the intersection to return to Ejea passing through Sancho Abarca and El Sabinar.



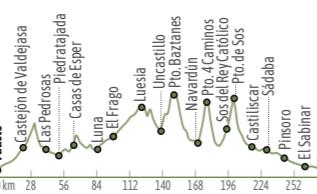
8 FUENTE DEL DIABLO

Sádaba

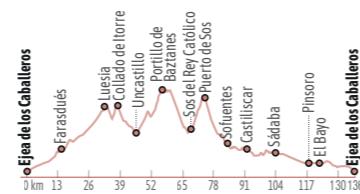
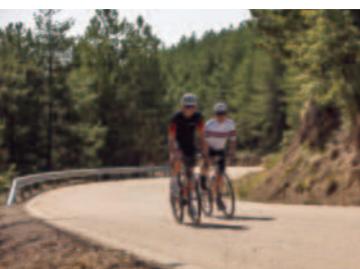
An ideal trail to begin road cycling in the middle area of the Cinco Villas region, traversing quiet roads while tackling the climbs of Alto de Malpica and Alto de Biota. It starts in Sádaba, heading towards Uncastillo, Layana, and the Roman site of Los Bañales. Before reaching Uncastillo, veer right towards Biota to crest and swiftly descend towards Fuente del Diablo, Malpica de Arba, Biota, El Bayo, Pinsoro, and finishing back in Sádaba.



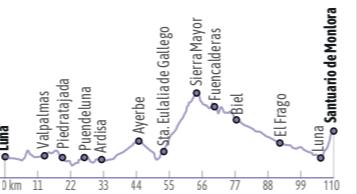
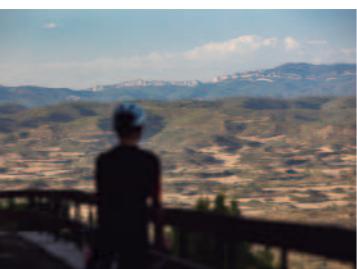
95 km



280 km



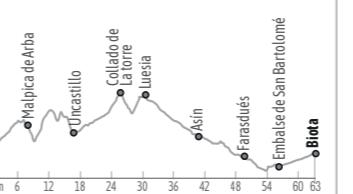
136,5 km



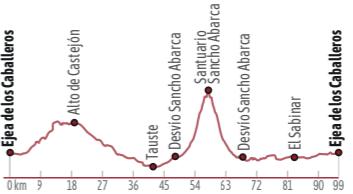
112,5 km



63 km



63 km



99 km



63 km



8 ROAD TRAILS

to explore the scenic and cultural surroundings of the Cinco Villas region from another perspective.

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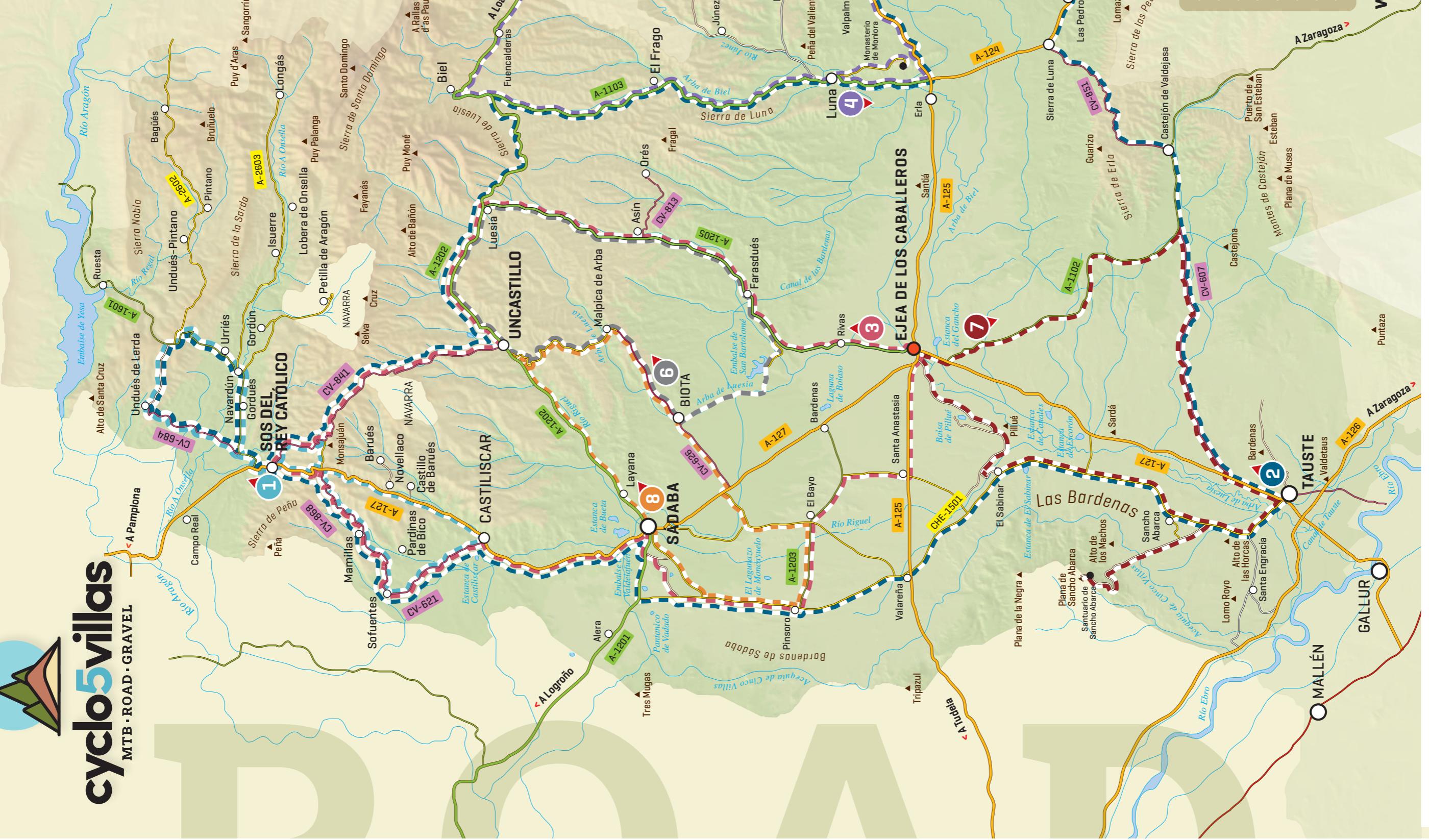


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1

Biel & Undués de Lerda**A great mountain gravel loop in two stages.**

1st stage: From Biel to Undués de Lerda, crossing the Sierra de Santo Domingo via Collada de Fayanás and Collada de Lucientes, heading towards Longás. Climb up to Collado de Javierre and then carefully descend along a track to the road, passing through Bagües and Los Pintanos. After Undués Pintano, continue on the track towards Ruesta (optional visit) to connect with the Camino de Santiago and finally with a local road to Undués de Lerda.

2nd stage: Traverse sections of local roads and well-maintained agricultural tracks towards Uriés, Navardún, and Petilla, then ascend on a track to Portillo de Sibiran and descend towards the towers of Sibiran (note: first section in poor condition), Pozo Pígalo, and conclude by track towards Luesia and by road to Biel.



2

Luna & Biel

A lunatic journey through secluded valleys, depopulated areas, and small villages in the central part of Cinco Villas, meeting the criteria for a good gravel route: scenery, solitude, medieval villages, well-maintained tracks, and roads with very little traffic.

Starting from Luna, ascend a long stretch via track and pine forest towards the peak of Sierra Mayor, passing through Torre de Obano and the hamlets of Júnez and Lacasta. From the summit, with spectacular views, continue along a quiet road towards Fuencalderas, Biel, and Luesia. After Luesia, continue on a track towards Asín and Orés, connecting via well-maintained agricultural tracks with Luna, passing by the hermitage of Yerzol and a section alongside the Canal de Bardenas (caution) before concluding. You can combine it with route 4, Estepárea.



3

Uncastillo & Sádaba

A perfect combination of gravel mountain and steppe challenge, linking Sierra de Santo Domingo and the Bardenas Reales Natural Park.

Starting from Uncastillo, head towards Luesia by road, then onto tracks towards Sierra de Santo Domingo, Pozo Pígalo, and Sibiran. Ascend to the summit of Portillo de Baztan, along the crest of a wind farm with spectacular views of the Pyrenees. Connect via local road to Mamillas and Sofuentes, then on tracks towards Figarol. Enter the Bardenas Reales Natural Park, exiting through the military barracks (may have passage restrictions) towards Pinsoro. Proceed by road and track towards Sádaba, Layana, passing by Los Bañales and Biota, then continue via a mountain road, ascending to Malpica de Arba, and ending in Uncastillo.



4

Castejón de Valdejasa & Luna

The south hides magical corners like the Aguarales de Valdemilaz or the Castillo de Sora, with a high percentage of local roads.

Starting from Luna via track towards Lacorvilla, passing by Torre de Obano and Castillo de Yecra. Continue by road towards Valpalmas and Piedratajada. At km 3.5, turn onto a track towards Aguarales de Valdemilaz. Caution: you need to traverse the Aguarales on foot and make a short portage along a path until reaching a track that leads to Piedratajada. From here, take the road towards Las Pedrosas and a stretch of track that begins the ascent to Sierra de Luna. Ascend this beautiful mountain pass and descend to Castejón de Valdejasa, continuing towards Ejea until km 38 of A-1102, which connects to a track and passes through Castillo de Sora. Continue on the track to cross A-125 near Torre de Santia, then along the Canal de Bardenas, ending in Luna.



5

Valareña

Pure gravel to see the best of Las 2 Bardenas.

Starting from Valareña, take the road towards Tauste, then shortly after, take a track towards Casa de los Forestales. From there, head to Caseta de Juan Ramón, connecting with Camino del Caidero. This track traverses impressive sandstone cliffs, like Ralla de la Negra, until reaching the road to the Sanctuary of Sancho Abarca. Before reaching the Sanctuary (recommended visit), take a track to the right that traverses the heights of Bardenas Negra towards the viewpoint of Punta de la Negra. Descend to the A-125 road. After crossing it, continue the descent and enter Bardenas Blanca, passing by Rallón and Piskerra (may have passage restrictions due to military maneuvers). Border towards Embalse de Malvecio and return to Valareña via irrigation tracks.



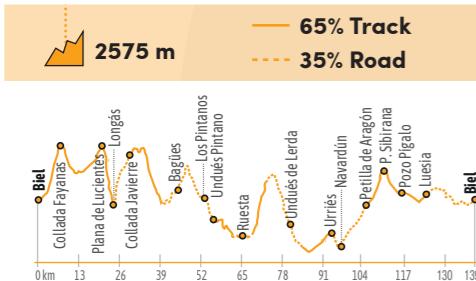
6

Several locations

Selection of the best gravel sections.

A journey to be completed in two or three stages and which you can start in any of the villages where this great loop that borders the region passes through. A route through good tracks and very quiet roads, through the most remote and rural areas of this territory, dotted with small villages and medieval monuments, which you will find along your route where you can stop to eat, sleep, and hydrate.

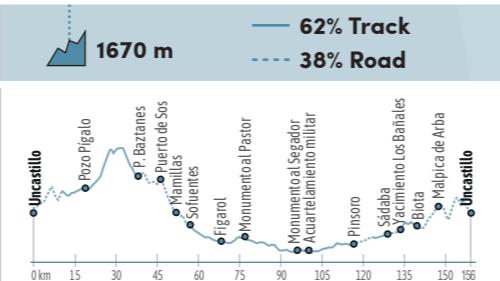
From the steppe in the south with Bardenas and Aguarales, to the middle zone of mountains, pine forests, and sandstone areas, valleys unexplored and dotted with medieval villages, Sierra de Santo Domingo, the magical valley of Onsella at the gates of the Pyrenees, villages and monuments, the Camino de Santiago among many other treasures that you can enjoy on this route of contrasts through Cinco Villas.



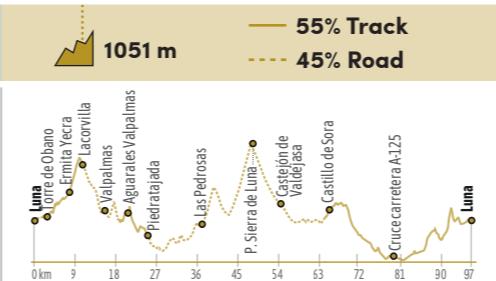
139 km



93 km



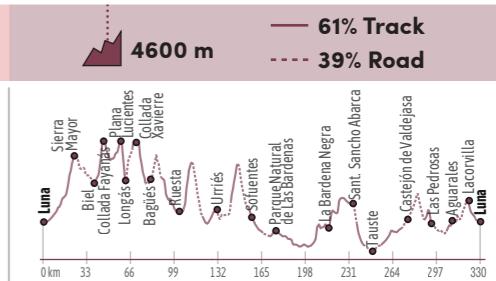
156 km



97,3 km



90,1 km



333 km

**6 GRAVEL TRAILS**

to get to know the landscape and cultural environment of the Cinco Villas region from another point of view

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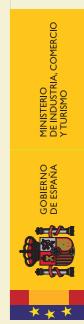


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|----------|--------------------|
| 1 | SANTO DOMINGO LOOP |
| 2 | LUNATIC |
| 3 | SIERRA AND BARDENA |
| 4 | ESTEPAREA |
| 5 | LAS 2 BARDENAS |
| 6 | 5 VILLAS GRAVEL |