

**TECHNICAL DATA****90,1 km****910 m****83% Forest track****7% Road****Valareña****5****THE 2 BARDENAS**

A route 100% gravel that visits the best part of the Bardena Blanca in Navarra and the Bardena Negra of the Cinco Villas in Aragón.

The route starts in Valarreña and follows the road to Tauste, to continue along a rural track that heads towards the Casa de los Forestales (House of the Rangers). Then, it continues towards the Caseta de Juan Ramón, where it connects with the Camino del Caidero. This track follows the lower side of some impressive sandstone bluffs, such as the Ralla de la Negra, until it reaches the road that leads to the sanctuary of Sancho Abarca. Before reaching the sanctuary (a visit we recommend), you take a track to the right that follows the upper side of the Bardena Negra towards the Punta de la Negra viewpoint. From this point, you ride in a flat terrain for some time to later descend to the A-125 road. After crossing the road, the route continues descending and ventures into the amazing Bardena Blanca, passing by the Rallón and Piskerra formations. There might be access restrictions in this stretch due to military maneuvers. After going under these formations, you go round their northern perimeter towards the Malvecino reservoir. Then, you will return to Valarreña cruising pleasantly along irrigation tracks.



